

**Alzheimer's Awareness Month
November 2008
Selected Resources Compiled by:
The Disability Information and Referral Center (DIRC)
Of the Talking Book Program:
800-252-9605, 512-463-5458**

Texas Alzheimer's Resources:

Alzheimer's Association Texas Chapter
3429 Executive Center Dr. #100
Austin TX 78731
800-367-2132 or 512-241-0420

www.alz-austin.org

Other chapters in Texas:

www.alz.org/apps/findus.asp#SearchStart

Department of Aging and Disability Services (DADS)
701 W 51st St.
Austin TX 78751
512-438-3011

www.dads.state.tx.us

Department of State Health Services
Alzheimer's Disease Program
1100 W. 49th St
Austin TX 78756
800-242-3399 or 512-458-7200

www.dshs.state.tx.us/alzheimers/default.shtm

Texas Research Centers:

Baylor College of Medicine
Alzheimer's Disease Research Center
Baylor College of Medicine
Department of Neurology
6501 Fannin Street, NB302
Mail: One Baylor Plaza, MS NB302
Houston, TX 77030
Patient appointments: 713-798-5355

neurons@bcm.edu

www.bcm.edu/neurology/admdc/

Texas Tech University Health Sciences Center
Garrison Institute on Aging / GIA Brain Bank Division

3601 4th Street STOP 9424
Lubbock, Texas 79430-9224
806-743-3612

www.ttuhscc.edu/centers/aging/giabrainbank.aspx

University of North Texas Health Science Center at Fort Worth
3500 Camp Bowie Blvd.
Fort Worth Texas 76107
817-735-2000

www.hsc.unt.edu/research/default.cfm

University of Texas, Southwestern Medical Center
Roger N. Rosenberg, M.D., Director
Alzheimer's Disease Research Center
University of Texas
Southwestern Medical Center
5323 Harry Hines Boulevard
Dallas, TX 75390
214-648-3111

www.utsouthwestern.edu/patientcare/medicalservices/neuro/memory.html

Texas Elderly and Caregiving Resources:

Children of Aging Parents Texas Chapters
www.caps4caregivers.org/texas.htm
support groups

Elder Options of Texas
www.elderoptionsoftexas.com/
Online database of resources

Guide to Texas Senior Services
<http://uts.cc.utexas.edu/~jangel/>
Online resource

Meal Programs
www.mealcall.org/meals-on-wheels/tx/index.htm
Searchable list of Meals on Wheels and senior activity center meal programs.

Senior Guidance Directory and Caregiving Handbook
www.srguidance.org/
Houston area resources

Texas Seniors' Guides
www.seniorguide.net

These free guides provide information on area businesses and topics related to older Americans. Guides are currently available for Austin, Dallas and San Antonio.

Austin: 512-257-7607

San Antonio: 210-587-7261

Dallas: 214-257-8872

NOTE: The Disability Information and Referral Center (DIRC) also provides free copies.

Working Caregiver

888-797-7806

www.workingcaregiver.com/

Online resource for the metropolitan areas of Austin, Dallas-Fort Worth, Houston, and San Antonio. Includes link to Carol Marak's "The Elder Care Expert" Show.

National Alzheimer's Resources:

Alzheimer's Association

225 N. Michigan Ave, Fl. 17

Chicago, IL 60601

800-272-3900

www.alz.org

This nonprofit association supports families and caregivers of patients with AD. Almost 300 chapters nationwide provide referrals to local resources and services, and sponsor support groups and educational programs. Online and print versions of publications are also available at the web site.

Alzheimer's Disease Education and Referral (ADEAR) Center

PO Box 8250

Silver Spring, MD 20907

800-438-4380

301-495-3334 (fax)

www.nia.nih.gov/alzheimers

This service of the National Institute on Aging is funded by the Federal Government. It offers information and publications on diagnosis, treatment, patient care, caregiver needs, long-term care, education and training, and research related to AD. Staff answer telephone and written requests and make referrals to local and national resources. Publications and videos can be ordered through the ADEAR Center or via the web site.

Eldercare Locator

800-677-1116

www.eldercare.gov/Eldercare/Public/Home.asp

The Eldercare Locator is a nationwide, directory assistance service helping older people and their caregivers locate local support and resources for older Americans. It is funded by the Administration on Aging (AoA), which also

provides a caregiver resource called Because We Care - A Guide for People Who Care. The AoA Alzheimer's Disease Resource Room contains information for families, caregivers, and professionals about AD, caregiving, working with and providing services to persons with AD, and where you can turn for support and assistance.

National Elderly and Caregiving Resources:

Family Caregiving Alliance
180 Montgomery St., Ste 1100
San Francisco, CA 94104
800-445-8106

www.caregiver.org/caregiver/jsp/home.jsp

Family Caregiver Alliance is a community-based nonprofit organization offering support services for those caring for adults with AD, stroke, traumatic brain injuries and other cognitive disorders. Programs and services include an Information Clearinghouse for FCA's publications.

National Caregivers Library

www.caregiverslibrary.org/

Features articles, forms, checklists, and topic-specific resources

The National Institute on Aging Information Center
Bldg 31, Rm 5C27
31 Center Dr., MSC 2292
Bethesda MD 20892
800-222-4225

www.nia.nih.gov

The National Institute on Aging (NIA) offers a variety of information about health and aging, including the Age Page series and the NIA Exercise Kit, which contains an 80-page exercise guide and 48-minute closed-captioned video. Caregivers can find many Age Pages on the web site.

National Respite Locator Service

<http://chtop.org/ARCH/National-Respite-Locator.html>

Respite resources for various ages and conditions

Well Spouse Foundation
63 W Main St, Ste H
Freehold NJ 07728
800-838-0879

www.wellspouse.org

Well Spouse is a nonprofit membership organization that gives support to wives, husbands, and partners of the chronically ill and/or disabled. Well Spouse publishes the bimonthly newsletter, *Mainstay*.

Sources for Memory Games and Videos:

BiFolkal Production Inc: 800-568-5357

"Caregiver Support Kit" (free): 703-299-9300

Flaghouse Activities for Life Division: 800-428-5127 www.flaghouse.com

Innovative Caregiving Resources: 800-249-5600

www.longtermcareprovider.com/storefronts/icr.html

Nasco Senior Activities Division: 800-558-9595 www.enasco.com/senioractivities

Sources for Electronic Mobile Trackers:

Care Trac Inc: 614-882-1040

Wander Watch Alert System (Health Watch): 800-333-9845

Bed Check: 800-523-7956 www.bedcheck.com

Perfectly Safe: 800-837-5437 (child proof supplies)

Sources for Incontinence Resources and Information:

The Simon Foundation for Continence: 800-237-4666 www.simonfoundation.org

National Association for Incontinence: 800-BLADDER (252-3337) www.nafc.org

Access Medical Supply: 847-891-6210 www.accessmedicalsupply.com

Americare: 800-782-3394 www.americaremedical.com

Duraline Medical Products: 800-654-3376 www.dmponline.com

Home Delivery Incontinence Supplies: 800-2MY-HOME (269-4663)

www.hdis.com

Mail Order Medical Supply (MOMS): 800-232-7443 www.momscatalog.com

Books available on loan from the Disability Information and Referral Center (DIRC):

Alzheimer's Activities: Hundreds of Activities for Men and Women with Alzheimer's Disease and Related Disorders by Fitzray, B.J., 2001

(The) Caregiver's Sourcebook by Gray-Davidson, Frena, 2002

(The) Comfort of Home: An Illustrated Step-by-Step Guide for Caregivers, 2nd Edition by Meyer, Maria M., with Paula Derr, R.N., 2002

(The) Complete Eldercare Planner, 2nd Edition by Loverde, Joy, 2000

(A) Family Caregiver Speaks Up: It Doesn't Have to Be This Hard by Mintz, Suzanne Geffen, 2007

Is Your Parent in Good Hands? Protecting Your Aging Parent From Financial Abuse and Neglect by Carnot, Edward J., Esq., 2004

It Takes More Than Love: A Practical Guide to Taking Care of an Aging Adult
By Beckerman, Anita G. and Ruth M. Tappen, 2000

*Preventing Alzheimer's: Ways to Prevent, Delay, Detect, and Even Halt
Alzheimer's Disease and Other Forms of Memory Loss* by Shankman,
William Rodman, M.S., M.D., et al, 2004

NOTE: Books from the DIRC are available in print form and may be loaned for a period of five weeks. The borrower is responsible for return postage.

For more information on Alzheimer's Disease, caregiving, and resources for elderly persons, and to borrow materials from the reference center, please contact the Talking Book Program's Disability Information and Referral Center (DIRC): 800-252-9605 or 512-463-5458.

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For more information on disability resources, and to borrow books from the reference center, please contact:

Disability Information and Referral Center (DIRC)
Talking Book Program (TBP)
Texas State Library and Archives Commission
PO Box 12927
Austin TX 78711-2927
1-800-252-9605
512-463-5458
512-936-0685 FAX
tbp.services@tsl.state.tx.us
www.TexasTalkingBooks.org

Compiled by D. Abramson, 10/16/08